



International
Diabetes Federation
Europe



JOIN THE IDF EUROPE YOUTH LEADERSHIP LAB 2020

and connect with a new
generation of
diabetes advocates!

WHAT WILL THE LAB BE LIKE?

- A space for co-creation and collaborative thinking;
- An experience that alternates between educational sessions, online physical activities and social interactions as equally important parts;
- A doorway to YOURAH - IDF Europe's Youth Advocate Network - and a dialogue with experienced mentors and colleagues;
- A face-to-face meeting, if the health situation improves and;
- Best part: an interactive and innovative experience.

This new concept will offer you the opportunity to:

- Access an online-based leadership development programme specifically designed for young people (aged 18-30) with diabetes and
- Connect with the new generation of diabetes advocates across Europe.

HOW MUCH TIME WILL I INVEST?

- The programme starts week commencing 3rd August 2020 and ends week commencing 14th December 2020;
- Sessions of 90 minutes will be held every second week (educational, social and physical activities) and
- A highlight will be a World Diabetes Day Event (14th November) - face-to-face or virtual, depending on Covid-19.

WHAT ARE THE OBJECTIVES OF THE LAB?

- To offer a space for emerging diabetes leaders and advocates to network, learn from each other, exchange ideas and experiences and to create strong and lasting connections;
- To provide high-quality training that will inspire you to become leading diabetes advocates engaging at National and European level and
- To brainstorm specific topics and co-create common projects and/or campaigns.

WHO ARE WE LOOKING FOR?

Young people (18-30 years old) with all types of diabetes recommended by their diabetes association, who have:

- Excellent English comprehension & speaking skills;
- A desire to engage in a virtual environment;
- An ability to attend the entire training programme and;
- A passion for diabetes issues and working together with other like-minded people in their diabetes association and IDF Europe.

**Does this sound like you?
Then we would love to receive your application!**

PLEASE FILL IN THE APPLICATION FORM AT:

**[HTTPS://WWW.SURVEYMONKEY.COM/
R/IDFE-YLL2020](https://www.surveymonkey.com/r/IDFE-YLL2020)**

BY 28TH JUNE, 2020.



**APPLY NOW
FOR OUR ONLINE
PROGRAMME!**